



STRATEGIC
CAREER MANAGEMENT

FLOURISH! WOMEN LEADERS PROGRAM



THE DEFINITIVE PROGRAM FOR WOMEN LEADERS
An evidence-based* approach that delivers clear results

Build your authentic presence
Communicate your value
Lead with influence

Two day workshop

Dates TBA

Masterclasses

Date TBA

Date TBA

Date TBA

Date TBA

Venue: TBA

“ *It's not your regular leadership course; I learned more about myself than I ever thought possible. My confidence in my position and leadership skills have grown exponentially. Jilly 2023* ”

“ *It was truly the best professional development experience of my life. Sahani 2022* ”

ENQUIRE NOW

** Research conducted by UWA on this program demonstrates statistically significant positive increase in confidence and leadership skills across all domain areas covered in this program for previous participants*

PROVEN* OUTCOMES



Know your value: Clarity and confidence in defining your leadership identity and value proposition



Leadership presence: Increased capacity to manage your state & presence to support effective communication and good reputation



Communicate with influence: Advanced influencing, communicating, delegating and storytelling strategies and skills to deliver maximum impact



Navigate conflict: Skills and techniques to navigate difficult conversations & address unhelpful behaviour



Authentic Leadership: Clarity and confidence to bring YOUR authentic leadership model to work



Sandpit: Honed skills, practiced in a safe environment and the confidence to use those skills in the real world



Toolkit: A comprehensive, ready to use practical toolkit

***Research conducted by UWA** on Flourish! in 2022 & 2023 demonstrated that, at program completion, participants reported statistically significant growth in their Authentic Leadership Brand, Career Clarity, Professional Presence & Voice and had grown strong, local, networks with other professional women

Build strong relationships with a community of peer leaders

[Watch the program in action](#)



IS FLOURISH! FOR YOU?



This program is for you if you meet one or more of the following criteria:

- You want to share your diverse views confidently and be heard, valued and respected for doing so
- You sometimes struggle to find your voice, be authentic and step fully into your space
- It's difficult to find the balance between being yourself and being what you think others expect you to be in your role
- You want insight, tools and strategies to navigate difficult conversations more adeptly
- You've established yourself as a leader at work or have leadership aspirations and want to set yourself up for success
- You want a program that is different from anything else you've done - full of practical tools, where you make it your own and there's no-one telling you how you 'should be' as a leader!

“ *This course was fantastic! I enjoyed the diversity of voices and stories, the challenges, the reassurance through exercises and tools.* **Deniqua 2022** ”

Find out more



FLOURISH!
WOMEN LEADERS
PROGRAM

PROGRAM SUMMARY

PRE-WORK

Leadership assessments

2 DAY IN-PERSON WORKSHOP

INTRODUCTION TO AUTHENTIC LEADERSHIP

- Clarify your value proposition
- Examine how you are perceived as a leader
- Understand your stress & communication patterns
- Explore the impact of the mind-body-voice relationship
- Identify your leadership growth areas

4 x IN-PERSON FULL-DAY MASTERCLASSES

BUILD A PROFESSIONAL TOOLKIT, ACT & GROW

- Manage your leader state
- Define your authentic leadership brand
- Strengthen your leadership presence
- Communicate with influence & impact
 - Delegate effectively
- Navigate difficult conversations
 - Address unhelpful behaviour
 - Lead authentically

ADDITIONAL LEARNING

- Practical leadership challenges between masterclass sessions
 - Role-play in a safe learning environment
- Peer-peer accountability and group coaching
- Access to Flourish Alumni Network events

See phenomenal change happen



PROGRAM OUTLINE



Leadership Reflection - 2 Day Workshop

In these interactive, in-person workshops, led by experienced facilitators, you will explore authentic leadership & bias, the relationship between mind, body and voice, strategies for effective communication, self-management and professional presence. Be prepared to have your thinking challenged!

Gain insight

into your unique strengths, values, leadership style & point of difference

Understand

how you're perceived as a leader

Explore

the interaction between mind, body and voice and the impact for yourself and others

Build awareness

of your stress and communication patterns

Identify

your leadership growth areas



"I loved the safe space to try the learnings and the push to move from where we thought capacity and competency was." **Sasha 2023**



PROGRAM OUTLINE

Masterclasses

4 x one-day masterclasses

Interactive, dynamic, practice-focused sessions
Learn and practice new skills in a safe environment
Receive support from leadership coaches and peers

Masterclass 1

- Examine the impact of stress/microstress on your mind, body and voice
- Explore the effect of ill-managed stress responses
- Learn how to detect changes in your state
- Access practical tools to manage your leader state

Masterclass 2

- Develop effective communication, negotiation & influencing skills
- Learn and practice techniques for navigating courageous conversations and facilitating change
- Practice techniques to challenge unhelpful behaviours or mindsets
- Continue to refine your state management skills in challenging scenarios

Masterclass 3

- Bring your increased insight and learning to define your Authentic Leadership Approach
- Develop specific practical in-role strategies for leading with your updated model

Masterclass 4

- Practice and refine your state management techniques
- Small group, focused speed coaching
- Coalesce your learning from the program into a final activity
- Forward planning & graduation

"Regular masterclasses enabled me to build on the knowledge and skills gained along the way." Abidah 2022





THE FLOURISH! DIFFERENCE

What makes Flourish! different from other leadership development programs?

We place a **focus on genuine leadership diversity** and support you to develop your authentic leadership fingerprint. We absolutely won't be telling you how you need to act or think to be a good leader. That's not leadership diversity and it's tied to outdated norms.

The level of **safety and connection** you'll experience is really quite something; we provide you with a space where you can be vulnerable, authentic and challenge yourself to take risks that deliver significant beneficial change.



This is a 'doing' program focused on experiencing, practising and strengthening skills and techniques.

You'll move beyond insight and awareness and **translate learning into action, change and results.**

You'll be lucky (or maybe unlucky!) if you see a powerpoint presentation the whole of the program. Instead, you'll partake in transformational activities and coaching. Like we said, **it's a growth focused 'doing' program.**

It's not a 'tick the box', 'do in a day' leadership development program. You'll experience **increasing challenge and unwavering support** to evolve your thinking, behaviour and skills over the three month program and beyond. It's an iterative program that builds your knowledge and capacity.

You won't want to miss a session!

Do you want to be better equipped to handle yourself in the most challenging of settings?

ENQUIRE NOW



THE FLOURISH! EXPERIENCE

"The course has been an awakening experience and has given me many practical tools to benefit from"
Laura 2022

"It felt different to other leadership programs; a great opportunity to understand the impact of how we show up in a space and effect of that"
Carin 2022

"I've had the opportunity to attend a number of different leadership programs and the Flourish! program has given me so much more than the technical content I've got before."
Allison 2023

"My whole team dynamic has changed - we have grown and we have more open dialogue and just recently we had some amazing feedback and that went to the leadership team. I feel happy and comfortable to turn up at work every day and be me."
Lisa 2023

"This is not a standard leadership course. I feel like I've put some essential puzzle pieces into their rightful place.
Thank you so much"
Suzie 2023

[Click here for more testimonials](#)
[See the program in action](#)





PROGRAM THOUGHT LEADERS



Helen Holan

A highly perceptive coach and facilitator, Helen helps clients forensically observe and investigate situations and behaviours to get to the heart of matters. With a practical approach, she challenges clients to learn and grow and delivers results.



Kendal Drew

An intuitive and curious coach and facilitator, Kendal helps clients see new perspectives and possibilities. With a creative approach she is a lateral thinker who helps clients engage in unconfined thinking and takes joy in supporting transformation.

"I want to thank Kendal, Helen and De for running such a fantastic course. I didn't realise until today how much week by week I was being pushed a little bit out of my comfort zone. I've been more vulnerable and open than I'm used to being. It's been quite a fantastic experience for me so thank you!"

Liz 2023



Deanna Cooney

Straight talking and uplifting, De is somatic speaking coach. She helps clients troubleshoot and fine tune their inner workings to communicate effectively. De brings expertise from her work as a professional actor, voice over artist, voice & somatic coach and performance instructor at the WA Academy of Performing Arts.

"Such great facilitators. I have learned so much and have so much to take away. You do an amazing job. Thank you!" Sahani 2022





REGISTRATION

Flourish! Women Leaders Program

Online orientation session

2-Day intensive workshop

4 x Full day tailored masterclasses

All sessions held in person

Leadership assessments

Workbooks & tools

Additional home-based learning

Support from expert facilitators/coaches

Peer coaching

Practical leadership challenges

Access to the Flourish! Alumni Learning & Support Network

Individuals (public programs)

\$4,950* per participant

Organisations (in-house programs)

\$54,950 + GST**

"This has been nothing short of a life-changing program for me. The vulnerability that is encouraged and embraced in the program is amazing. All the ladies that participated gave it their all."

Pep 2023

* GST applicable for GST registered entities

** All inclusive price for up to 15 participants. Additional participants up to a maximum of 30 participants will incur an additional resource and administration fee of \$300 per person.

Interested in experiencing the Flourish!
Women Leaders Program?

ENQUIRE NOW

